Well-being statement for people who need care and support and carers who need support

What is this well-being statement?
Everyone is entitled to well-being and everyone has a responsibility for their own well-being, but some people need extra help to achieve this. The statement describes what well-being means for people who need care and support and carers who need support. Defining what is meant by well-being is about securing an approach based on working in partnership with people, giving people a stronger voice and greater control over their lives, and empowering people to achieve their own well-being with the appropriate level of care and support.

What does the statement contain?
The statement describes the national well-being outcomes for people who need care and support and carers who need support. The statement builds on the definition of well-being in the Social Services and Well-being (Wales) Act 2014 and describes the national well-being outcomes in relation to all areas of an individual’s life.

People will want to achieve personal outcomes that are important to them. Working with social services and their partners, people can expect to achieve personal outcomes which reflect the national well-being outcomes.

How will the statement be used?
The well-being statement was laid before the National Assembly for Wales on 24th August 2016. It will be used to set out the Welsh Government's commitment to achieving well-being for people who need care and support and carers who need support. It will be used to build a common understanding of well-being across all agencies, to ensure everyone is working together towards the same important outcomes for individuals.

The well-being of people who need care and support and carers who need support will be monitored annually through the national outcomes framework.

For further information see
The Social Services and Well-being (Wales) Act 2014:

The national outcomes framework for people who need care and support and carers who need support:
www.wales.gov.uk/topics/health/socialcare/well-being/?lang=en

For more information contact
Social Services Improvement Division, Welsh Government
sswbimplementation@wales.gsi.gov.uk 029 2082 5833
### What well-being means

#### Quality of life
- Whether people are treated with respect
- Whether people receive the right information when they need it
- Whether people are in control of their daily life
- Whether people are involved in decisions about their care and support

#### Securing rights and entitlements
- I know and understand what care, support and opportunities are available and use these to help me achieve my wellbeing
- I can access the right information, when I need it, in the way I want it
- I am treated with dignity and respect and treat others the same
- I am supported to protect the people that matter to me from abuse and neglect
- My individual circumstances are considered
- I speak for myself and contribute to the decisions that affect my life, or have someone who can do it for me

#### Quality of care and support
- I am healthy and active and do things to keep myself healthy
- I am happy and do the things that make me happy
- I get the right care and support, as early as possible
- People say they feel healthy physically and mentally
- I contribute towards my social life and can be with the people that I choose

#### Protection from abuse and neglect
- I am safe and protected from abuse and neglect
- I am supported to protect the people that matter to me from abuse and neglect
- I am informed about how to make my concerns known
- People working
- I live in a home that best supports me to achieve my wellbeing

#### Education, training and recreation
- I can learn and develop to my full potential
- I do the things that matter to me
- I contribute towards my social life and can be with the people that I choose
- I live in a home that best supports me to achieve my wellbeing

#### Domestic, family and personal relationships
- I belong
- I contribute to and enjoy safe and healthy relationships
- I feel valued in society

#### Contribution made to society
- I engage and make a contribution to my community
- I contribute towards my social life and can be with the people that I choose
- I live in a home that best supports me to achieve my wellbeing

#### Social and economic well-being
- I contribute towards my social life and can be with the people that I choose
- I live in a home that best supports me to achieve my wellbeing

#### Suitability of living accommodation
- I live in a home that best supports me to achieve my wellbeing

### National well-being outcomes

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